

# **Adults and Professionals Group Trip Sample Itinerary**

## **Destination: Antigua, Guatemala**

This sample itinerary is based on an 8 day trip.

### Highlights of a Buena Onda itinerary

- The group is matched with a community-driven project where skills and knowledge will have the greatest sustainable impact. Our goal is to put your experience to work!
- Your customized itinerary includes many opportunities for authentic immersion, sharing skills, and relaxing fun.
- We arrange your accommodation according to your wishes - from host family stays to high-end hotels.
- You travel with our trusted drivers in private, comfortable, and safe transportation.

### **Saturday**

Arrival to Guatemala City (GUA) and private 1-hour shuttle bus transfer to Antigua guest house accommodations.

### **Sunday**

Breakfast at guest house

Walking tour of UNESCO World Heritage town Antigua Guatemala (link to All About Guatemala), with professional English-speaking guide

Visit to local and artesan market

Lunch at local Antigua favorite restaurant

Free afternoon

Group dinner and preparation for volunteer activities

### **Monday**

Breakfast at guest house

Transfer to volunteer location for meeting with project director and staff

Morning volunteer activity

Lunch in local community

Afternoon activity

Dinner free time

### **Tuesday**

Breakfast at guest house

Transfer to project location to continue volunteer activity

Lunch in local community

Free afternoon

Group dinner and debrief on first two days of volunteering

### **Wednesday**

Breakfast at guest house

Meet with project director to discuss project direction  
Continue with morning volunteer activity  
Mid-day snack  
Afternoon organized activity - cooking class in San Pedro el Alto with meal  
Evening free time

### **Thursday**

Breakfast at guest house  
Continue morning volunteer activity  
Lunch in community  
Afternoon visit to nature reserve  
Group dinner to discuss closure of volunteer activity

### **Friday**

Breakfast at guest house  
Morning closing activity with community  
Meet with project director to discuss results and suggestions for next steps  
Mid-morning snack  
Private 2.5-hour transfer to Lake Atitlan  
Check into hotel  
Afternoon and evening free time

### **Saturday**

Breakfast at hotel  
Private tour of three Mayan villages (lunch will be in one of the villages)  
Private transfer to Antigua  
Group reflection dinner in Antigua

### **Sunday**

Private 1-hour shuttle bus transfer to Guatemala City airport for departure